











The leaves have started to fall, and the Rugby has begun to rise. We are now into the new 2022/23 season and are excited to see returning faces and some new faces coming to Tuesday and Thursday conditionings. We are excited to show our progress across all age groups and how we are creating a family rugby club. We stand by of values of Sportsmanship, respect, discipline, teamwork, and enjoyment, which are not only our players, coaches, and team managers but parents and everyone involved in our club.

We look forward to seeing everyone back in the coming weeks after the football season ends. This season is going to be a great one. Let's play RebelsRugby!



LADY REBELS SWEEP RALIEGH 7S TOUR 126 - 0











U8 & U10
GET ON TEAM SNAP
WE WANT TO SEE YOU
AT PRACTICES!!

LINKTR.EE/REBELSRUGBYGA CLICK FOR ESSENTIAL LINKS







SCAN FOR REGISTRATION & ALL ESSENTIAL LINKS

### **CONDITIONING SEASON CONTINUES**

Mondays @ LA Fitness - LadyRebels Gym Day Tuesdays @ Elkins Pointe Middle - Track Field

- 6:30 8pm Coed U8 / U10 / U12 / LadyRebels
- 7:30 9pm U14 + HS Boys

Thursdays @ Roswell Area Park - Crabapple Field

- 6:30 8pm Coed U8 / U10 / U12 / LadyRebels
- 7:30 9pm U14 + HS Boys

Fridays optional @ RugbyATL HQ skills + drills with the pros!

• 7:00 - 8pm Coed U14 / U12 / U10 / U8

Sunday Nov13 last session / optional @ RugbyATL HQ - RATL Academy

HS Boys / TeamSnap for Dates + Times

Sundays optional @ CrossFit East Cobb - HS Gym Day TeamSnap for Dates + Times PLEASE NOTE, WEEK OF 11/20-26 - THERE WILL BE NO EVENTS OR CONDITIONING ENJOY YOUR HOLIDAY WITH FRIENDS AND FAMILY - HAPPY THANKSGIVING!!!

DONT FORGET PILGRIM 7S TOURNAMENT WAS CANCELLED

# CLUB HOUSEKEEPING REMINDERS ...

**TeamSnap -** All high school players (expected to be accountable themselves), and parents of younger players, must have the TeamSnap App loaded on their phones. TeamSnap is the primary tool for the coaches to communicate directly with the players at all times. Please let us know if the player or any family members require a new invite to TeamSnap.

• **Availability** - we ask that all players/parents be respectful and accountable by keeping their availability for each event current. The coaches plan sessions according to the number of players and support available. **Help us help you!** 

**Practice Jersey -** your player should have received their jersey this week - if not, please look for Ms. Amanda at Tuesday night practices - she'll be there handing out jerseys to those **fully registered across all three platforms** - this includes updating player profile (pic too) in TeamSnap with USA-ID.

**Shared Photos** - we welcome all to take and share their favorite photos during practices, matches, and tournaments. All parents appreciate the memories and seeing all the fun our Rebels are having.

**Upload your photos to the shared drive. here:** https://photos.app.goo.gl/oVNr855vGf7MVaKL6

**Essential Links** - you can find all necessary links and contacts at any time at www.rebelsrugbyga.com or subscribe to our LinkTree to get notified of new additions and updates: https://linktr.ee/rebelsrugbyga













MAGNETS & STICKERS

\$5 + \$2

#### **Board of Directors**

Stephen Thompson Head Coach & President

Nico DuPlessis Vice President

**Dean Pappas** Dir Player Dev & Lady Rebels

Kristina Engelhard **Director of Operations** 

**Amanda Lockhart Treasurer** 

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Bob McLoughlin Website Developer

**Irene Richard** Website Developer



## GET READY FOR CHRISTMAS 7S U12 / U14 / HS BOYS / LADY REBELS

Greer is a regular season competitor - great opportunity to experience them in action, as well as many other teams!

- Two-days / Dec 10 & 11, 2022 / Greer, SC
- Our ONLY Conditioning Season Tournament
- Full Details and Travel Plans coming soon!!



# REBELS RUGBYANNUALTRY RUGBYOPEN HOUSE

TRY RUGBY Open House - a PDF of flyer can be found on our LinkTree. Help us spread the word! Please print it out, share it with your friends, family, and neighbors - leave it at your church, school, and tape in bathroom stalls. -grin-

Invite all to TRY RUGBY. Details in TeamSnap.

- Saturday, Dec 3, 2022. 10am 1pm
- We ask that all high school players, new and old, mentor and give back to club - come out to support coaches at this event.
- It's an excellent time for all, fun seeing new faces light up as they begin to understand the game of rugby, & did we mention FUN!?

#### This Open House will include the following:

- Used Gear Exchange bring what you have/take what you need. Gently used, outgrown kit, gear, and rugby-related items.
- Merchandise Tent Get fully equipped to support our Rebels this season.
- A pick-up scrimmage match usually wraps up the skills & drills.
- Followed by tasty BBQ to wash it all down.







DEC 3, 10A-1P TRY RUGBY: OPEN HOUSE

**DEC 8 LAST DAY OF 2022 CONDITIONING SEASON** 

DEC 10-11 (SAT&SUN) CHRISTMAS7s TOUR GREER, SC

DEC 16, 7P - 9P INAUGURAL REBELS RUGBY HOLIDAY FESTIVITY

Details coming soon - start picking out your most UNIQUE onesie!!